

Pensum for Interventionsmetode, grundmodulerne

Foråret 2021

Hill, C. E. (2019). *Helping skills: facilitating exploration, insight, and action* (5th ed.). American Psychological Association. [525 sider]

Følgende kapitler beskriver bedst de temaer der arbejdes med i grundmodulets øvelser og læses til 1. dag.

5. Skills for Exploring Nonaffective Content, Thoughts, Narratives, and Stories
6. Skills for Exploring Feelings
7. Integrating the Skills of the Exploration Stage