September - December
9th semester 2022

My Exchange Abroad

Brock University – Canada

Alexander Langagergaard Vastrup – IT Product Development
Motivation

Why?

• Once in a lifetime experience
• Experience a completely different part of the world
• Both a personal and academic development
• Exciting break from the usual
• More freedom to choose
• (Good on CV)
My Preferences

✓ Preferred English as the native language
✓ A place near interesting cities and unique nature
✓ A place that is far away
✓ Residence through host university
✓ University exchange agreement through AU MoveOn
My choice

- Brock University, St. Catharines, Ontario – Canada (19000+)
- Residence on Campus
- 30 – ECTS (Split out over 5 courses)
- Mix of IT & Business courses
- Meal plan (No need to worry about buying or making food!)
My Process

Things to keep in mind:
✓ Subletting or moving out? (To avoid double rent)
✓ You will receive SU
✓ Travel Insurance (If you have one it usually doesn’t cover a whole semester)
✓ Health Insurance

Don’t worry!
AU & host university has people that will help you 😊
Grants & Budget

Tips
• You can find many relevant grants at: https://www.legatbogen.dk/
• Get an overview – write them down & what information they want (Budget, Application, Grades, Summary)
• Make a budget – How much will I need?

Grants

<table>
<thead>
<tr>
<th>Legat</th>
<th>Beløb</th>
<th>Hvad det kan bruges på</th>
<th>Vigtigt</th>
</tr>
</thead>
<tbody>
<tr>
<td>It-vest</td>
<td>5000</td>
<td>Flyrejse og/eller husleje</td>
<td>Bilag skal fremsendes inden 30 Oktober 2023 - husk at sende kort referat af opholdet</td>
</tr>
<tr>
<td>Fakultetsstipendiet</td>
<td>3000</td>
<td>Alt</td>
<td>Send documentation på afsluttet ophold med confirmation på jeg har været der fra Brock + Forhåndsgodkendelse af fag</td>
</tr>
<tr>
<td>Stibofonden</td>
<td>25000</td>
<td>Alt</td>
<td>Når rejsen er gennemført skal jeg fremsende en kort rapport over forløbet samt et regnskab for afholdte udgifter</td>
</tr>
<tr>
<td>CS Travelgrant</td>
<td>1500</td>
<td>Alt</td>
<td>Send dokumentation for afholdte udgifter (billetter, faktura for ophold, el. Lignende) for minimum 1500 DKK</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ting jeg mangler</th>
</tr>
</thead>
<tbody>
<tr>
<td>Send kort referat af opholdet</td>
</tr>
<tr>
<td>Send dokumentation på afsluttet ophold</td>
</tr>
<tr>
<td>Send kort referat af ophold + regnskab over udgifter</td>
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</table>
The Experience
The area

St. Catharines

- Smaller city, but nice trails for hiking
- Very close to Niagara Falls! (30 min with bus)
- Not too far from Toronto (1 hour with bus)
- Can take a bus to NY!
- Colorful in autumn
More about the university

Trips/Events/Things to do
• Winery tour/hikes
• Trips prioritized for internationals
• Hockey/Football/Basketball games
• Sport sign-up (Intramurals) & free access to gym

Education & Exam
• Hand-ins & presentations are graded and counts towards final grade
• Only written exams
Why you should go!

You get unforgettable experiences

Chance to take courses you couldn’t otherwise

You develop both personally & academically

You get friends from around the world

Looks nice on CV
My advice to you

➢ Going overseas? it is good to apply many places to increase chances
➢ For the prior approval add some extra courses
➢ Start looking at grants fairly early
➢ Experiences > Grades (Prioritize the experiences! Grades won’t be transferred anyway)
➢ Use the host university international coordinator for questions
➢ It might sometimes look unmanageable, but it is worth it!
➢ Make sure to use your free time and enjoy it! 😊

If in doubt, try it out!
Questions?

NAT-TECH Study Abroad