PRE-DEPARTURE SPRING 2024
Practical information before departure

Here you'll find useful practical information about what's important to consider before going on exchange.

- Housing
- National Registration Office
- Residence permit and visa
- Driving license
- SU
- Special educational support
- Register on 'Danskeristen'
- Health insurance
- Insurance

Pre-departure meeting

After each application round, the Central International Office at AU hosts a pre-departure meeting for all students allocated a study abroad position at one of AU's partner institutions.
TODAY’S PROGRAM

- Who are we? Who are you?
- Exchange step-by-step
- Application to your host university, language test, and courses
- Visa
- Insurance and security
- Accommodation
- Finances and grants
- While you’re abroad – and home again
- Next..

18.00 Health Q&A (you have received an invitation by email)
WHO ARE WE? WHO DOES WHAT?

**International Office**
- Central at AU
- University-wide agreements
- Administer Erasmus+ grants and Nordlys grants

**International coordinators at the faculties**
- Subject-specific agreements
- Questions regarding courses
- Administer faculty grants and Nordplus grants

**Board of Studies**
- Process pre-approval and credit transfer of the courses you will be studying abroad
WHO ARE YOU?
RESULTS FROM THIS APPLICATION ROUND

The number of students going on exchange via AU’s exchange agreements in the Spring semester 2024: **527**

Distributed among faculties:
- Arts: 283
- BSS: 121
- NAT & TECH: 86
- HEALTH: 37

Number of host countries: 39 (No. 1: Germany, 51 students)
EXCHANGE STEP-BY-STEP

1. A study abroad position has been allocated to you and AU nominates you to your host university
2. You receive application information directly from your host university or from your international coordinator at AU
3. You apply for admission to your host university, and you apply for courses at your host university. This process may also include visa application and housing application. Do not start the application until you have received instructions either from AU or directly from your host university
4. You apply for preapproval of courses at AU
5. You go on the exchange
6. After returning to DK, you complete the required documentation (e.g., credit transfer, Travel Report (evaluation), and possibly Erasmus+ documentation)

➢ Note that the sequence of events may vary from partner university to partner university and from study to study
➢ If you receive grants like the Erasmus+ grant there will be additional requirements. You will be informed by email.
➢ You will always receive information via your AU email. NB: There may be short deadlines!
APPLICATION TO YOUR HOST UNIVERSITY

➢ Wait for information from your international coordinator at AU or your host university regarding the application procedure and course selection at your host university. Follow the instructions and apply for admission to your host university.

➢ Adhere to deadlines and all requirements for documentation etc. in the application

➢ Make sure to check the MoveON database now, to find out whether your host university requires a language test as a part of the application.

➢ Keep an eye on your AU mail (incl. spam filter). It is your responsibility to meet requirements and deadlines. Get started as soon as possible.
How do you apply?

Before applying for exchange abroad, you must start by examining your options in MoveON’s database. You can see the final selection of places to go when the application round opens, approximately one month before the application deadline. You submit your application via the application portal in MoveON.

Your application

Application deadlines

Applying to the host university

Important

Allocation criteria

General terms and conditions for applying for an exchange spot

Have you already been offered an exchange position?
All information about your host university is still available here
LANGUAGE TEST

➢ Check MoveON to see if you need to include a language test in your application to the host university.
➢ You can document your English language skills using e.g. the TOEFL or IELTS test
➢ Check whether your host university requires a specific language test.
➢ You must cover the costs of the test yourself. Check the test provider’s website for the price.

• **TOEFL iBT** is a globally recognized American language test that can often be used when applying for admission to a program taught in English.
  • The test takes place in Copenhagen.
  • TOEFL’s website: [https://www.ets.org/toefl](https://www.ets.org/toefl)
  • Information regarding registration for the test: [https://www.ets.org/toefl/test-takers/ibt/take/register](https://www.ets.org/toefl/test-takers/ibt/take/register)

• **IELTS** is a British language test that can typically be used in applications for admission to a British, Canadian, New Zealand or Australian University.
  • The test is offered by EDU Denmark and takes place in Copenhagen.
  • Information about IELTS: [https://edu-danmark.dk/ielts](https://edu-danmark.dk/ielts)

If French language documentation is required, you can register for the **DALF**-test ([https://institutfrancais.dk/da/kurser/dadlefdalfctf](https://institutfrancais.dk/da/kurser/dadlefdalfctf)). If German language documentation is required, you can read about e.g. **Goethe-zertifikat** ([https://www.goethe.de/ins/dk/da/spr/prf.html](https://www.goethe.de/ins/dk/da/spr/prf.html)).
LANGUAGE TANDEM – WANT TO JOIN?

➢ Language tandem is offered by International Center at AU in collaboration with Studenterhus Aarhus
  • You will be paired with an international student at AU who speaks the language you want to practice.
  • You meet up and talk alternately in Danish and French/German/Spanish etc.
  • Sprogcenter Midt introduces the concept and gives you good advice.

➢ Registration deadline September 18: Registration is sent to studyabroad@au.dk: Let us know where you are going on exchange (the university) and which language you want to practice. Based on registrations we will make the best possible matches, but we cannot guarantee that all requests will be fulfilled.

NB: The first meeting is held October 4th at 16:00 where we offer some coffee and cake, and you meet your tandem partner.
COURSES AT YOUR HOST UNIVERSITY

➢ Pre-approval of courses
  • To ensure that the courses at your host university will be credit transferred to your degree programme
  • *The procedure of pre-approval varies from study to study – consult with your study portal or international coordinator*

➢ Change of courses
  • Contact your international coordinator if you want to make changes to the courses
  • *The procedure is dependent on your study – consult your study portal or international coordinator to find out what applies to your study*

➢ When you return to AU, the courses need to be transferred to your degree programme
  • *The procedure is dependent on your study area – consult your study portal or international coordinator to find out what applies to your study*

Orient yourself on the processes on your study portal!

Ask your international coordinator if you have any questions
VISA?

➢ It is your responsibility to find out if you need a visa or a residence certificate
➢ Your host university knows the rules for the country you are going to
➢ The host university can help you if you need documentation for the application
➢ Start the process well in advance
INSURANCE

➢ In EU-countries you are covered by the blue EU Health Insurance Card
  • The EU Health Insurance Card does not cover medical transportation to Denmark, to consider supplementary health insurance.
  • Remember to check the expiration date
  • You can order the blue EU Health Insurance Card at [www.borger.dk](http://www.borger.dk)

➢ Outside the EU you are not covered by the blue health insurance card, so health- and liability insurance is recommended.
  • Check if your host university has specific requirements for health insurance.

➢ Separate travel insurance is recommended to cover theft, canceled flights, evacuation or medical transport to Denmark, etc.

➢ Consult if your travel insurance covers COVID-19-related expenses before leaving
Keep up to date with the Danish Ministry of Foreign Affairs' travel guides – you can subscribe to them: https://um.dk/da/rejse-og-ophold/rejse-til-udlandet/rejsevejledninger/

Download the app: UM Rejseklar

Always adhere to your host university’s regulations and guidelines

Make sure that your closest friends and family have your contact information
ACCOMMODATION

➢ Accommodation through your host university
  • Some universities offer accommodation for exchange students, but not all – consult your host university
  • Check the terms and conditions
  • At some universities you can apply for housing when you apply for admittance to the host university

➢ Housing at the private market
  • Travel to your destination a week or two before the start of the semester
  • Check the host university’s recommendations

Consider and compare:
• On-campus?
• Off-campus?
GENERAL ADVICE FOR HOUSING

➢ In some countries, available housing options are only advertised when they are available, and thus it can be challenging to find something well in advance. In other countries, you need to start searching in advance
  • Ask your host university what’s typical in their country
➢ Some students live in hostels or Airbnb’s for a week or two, until they find something permanent
➢ 3 months of deposit and pre-paid rent is not necessarily something you do in other countries
➢ Be aware of scams – if it seems too good to be true, it probably is.
➢ Read the Travel Reports in MoveON made by former exchange students for tips and advice on where to live and how to find housing
YOUR ACCOMODATION IN AARHUSS

➢ Sublet your apartment/room in Denmark to international students or researchers

Find information here:
https://international.au.dk/life/locations/housing/auhousing/sublet-to-student-or-staff
TRAVEL REPORTS

Travel reports are evaluations completed by AU students, who have been on exchange via one of AU’s partnership agreements. Our recommendation: Read them!

Go to your study portal and find Study Abroad in the menu
➢ Click on Where do you want to go? in the menu and follow the link to the MoveON database
➢ Find your host university in the database and click on ”More details”.
   If there are any Travel Reports available for your host university, they will be marked in the top bar “Travel Reports”

Enjoy reading them!
You might be able to bring along your SU for your exchange stay. However different rules apply and international students that have the right to receive SU need to contact the SU office at AU to get clarification on their situation in relation to bringing along the SU.

Find more information here: https://www.su.dk/english/studies-abroad/

Generally, you need to make sure that your preapproval of courses is registered correctly in STADS, and furthermore your studies abroad must lead to full credit transfer if you wish to bring your SU during the entire stay abroad

Questions about SU? Please ask the SU-Office
FUNDING

➢ Scholarships
➢ Savings
➢ Grant opportunities: Stipendiemuligheder:
  • Erasmus+ grant for students going abroad via an Erasmus+ agreement (Europe)
  • Nordplus/Nordlys-grant; for students going on exchange within the Nordplus- or Nordlys-program
  • Faculty grant/ "BSS Travel Grant"; is automatically assigned to you if you are exempt from the Erasmus+/Nordlys grant
➢ Check examples on living costs in different cities: numbeo.com/cost-of-living
  • Aarhus is spelled "Arhus"
1. Erasmus+ programme
EU countries + Norway, Iceland, Lichtenstein, Turkey, Serbia, North Macedonia

- AU Exchange agreement
  - Central level (university-wide), or subject-specific
- Erasmus+ Exchange student
- Automatically nominated for the Erasmus+ grant

2. Nordlys programme
Nordic and Baltic countries

- AU Exchange agreement
  - Central level (university-wide)
- Nordlys Exchange student
- Automatically nominated for the Nordlys grant

3. Nordplus programme
Nordic and Baltic countries

- AU Exchange agreement
  - Central level (university-wide), or subject-specific
- Nordplus Exchange student
- Automatically nominated for the Nordplus grant

4. Bilateral agreement
(typically overseas destinations that are not Erasmus+/Nordlys/Nordplus)

- AU Exchange agreement
  - Central level (university-wide), or subject-specific
- Exchange student
- Automatically nominated for the Faculty grant/BSS Travel grant
TIPS & ADVICE FOR SCHOLARSHIPS

➢ Start well in advance.
➢ Scholarships
  • https://studerendeonline.dk/en/legater/
  • Consult their eligibility if you are not a Danish citizen
  • Consult if you can get any scholarships from your home country if you are not from Denmark
➢ Scholarship applications are like applying for a job in many ways – your application must convince somebody that you are the right candidate! Show that you are a good candidate (CV, statement letter, grades, recommendations)
➢ Explain why you are applying for the funding, and make sure your application matches the scholarship you apply for – what will come of it? Foundations often have specific purposes; how do you and your exchange contribute to that?
➢ Use your Confirmation of Exchange letter as documentation of your upcoming exchange
➢ Remember to write a thank you letter!
WHILE ABROAD

➢ Check your AU email and e-Boks regularly. There might be important information from AU or authorities that you must take care of, even abroad. NB! You cannot access post.au.dk via the app on your phone / iPad abroad. You must use webmail instead.

➢ Keep an eye on deadlines for signing up for courses and exams at AU while you’re abroad. You can do that on mystudies.au.dk

➢ In emergencies, consult your country’s embassy in the host country. You can also always contact one of the AU employees who guided you during your study abroad.

➢ Make sure to get your Transcript of Records from your host university home with you.

➢ Remember that you are representing AU when you are on exchange via one of AU’s exchange agreements.

➢ You can find information and advice on coping with culture shock and other intercultural topics on your study portal!
MAKE YOUR EXCHANGE ADVENTURE MORE CLIMATE-FRIENDLY – MORE GREEN

Green guide for AU students going abroad

On this page you will find inspiration on how you can have a greener stay abroad
BACK HOME

➢ Consult your study portal to find out how the courses from your study abroad are credit transferred to your degree.

➢ As part of your study abroad you need to fill out a Travel Report in MoveOn. You will receive more information in your AU e-mail

➢ Accept that you need to readjust to your life in Denmark
WHAT’S NEXT...

➢ Read/re-read: Information in MoveON + the host universities website, mails from coordinators or the host university, emails from AU.

➢ Check MoveON; do you need to complete a language test?

➢ Wait for information from your international coordinator at AU or your host university regarding the application procedure and course selection at your host university. When received, follow the instructions and apply for admission to your host university - adhere to deadlines and all requirements for documentation in the application!

➢ Read about preapproval og courses via your study portal. Contact your international coordinator if you have any questions concerning the preapproval.
USE YOUR STUDYPORTEL

➢ Find your study portal via https://studerende.au.dk/en/study-abroad and go to “Study Abroad”

- Here you will find relevant information related to studying abroad
- You can also read about preapproval of courses abroad and credit transfer on your study portal

Exchange - studying abroad

Did you know that Aarhus University has partner agreements with more than 1,000 exciting universities worldwide?

If you dream of an international dimension in your studies you should read more about all the fantastic exchange and internship opportunities Aarhus University has to offer.

Go to your study portal to find all useful information about studying abroad. Find your study portal here.

On your study portal you will discover, among other things, that Aarhus University is a part of Circle U., which is an alliance with nine strong European universities i.e. England, France, Belgium and Serbia. The alliance focuses on research, education and innovation within i.a. climate, global health and democracy.
“It’s important to be open for new experiences and not dwell on preconceptions. You need to give everything a chance. You can’t expect to have loads of new friends and get into a good rhythm right away – it’s fun, but also hard in the beginning. It can take a while to settle in, but it’ll happen. And when it happens, it’s the best feeling in the world to be on exchange!”
FACULTY INFO SESSIONS
18.00

Faculty of Arts:
None

Faculty of Health:
https://aarhusuniversity.zoom.us/j/67056182462

Faculty of Natural Sciences & Faculty of Technical Sciences:
None

Aarhus BSS:
None